

*St. John's Catholic  
Primary School*



*Prayer Book*

## **Section 1: School Prayers**

Walk with Me  
School Prayer  
The Way, the Truth and the Life Prayer  
CAFOD Prayer  
School Birthday Prayer  
Mission Together Prayer  
Prayer of Dedication  
God be in my Head  
I said a Prayer  
Morning Prayer  
Prayer at the end of the day  
Our Father  
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The Stations of the Cross  
The Rosary

## **Section 2: Prayers by Year Group**

Reception Class Prayers  
Year 1 Prayers  
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Year 3 Prayers  
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Year 6 Prayers

## *Walk With Me*

*Lord God, our light and our salvation, we praise you for  
your gift of life and faith.*

*We thank you for the desire  
that you have planted in our hearts,  
our yearning to see your face.*

*Help us to meet you in prayer,  
to walk in your ways,*

*And to speak to others of our joy  
And consolation in your presence.*

*Give us faithfulness in this present life  
So that we may come to know and praise your beauty,  
With all our brothers and sisters, in the  
life to come.*

*We make this prayer through Christ our  
Lord.*

*Amen*



## *School Prayer*

*Dear God*

*Help us to value and care for everyone in our school.*

*Help us to learn and play together.*

*Help us to take a pride in all that we do.*

*Help us to be the very best we can be.*

*This is our school.*

*Let love, peace and harmony be here always.*

*Amen*

## *The Way, the Truth and the Life prayer*

*Eternal God, your Son Jesus Christ was the way, the truth and the life for all creation: Grant us grace to walk in his way, to rejoice in his truth, and to share his risen life: who lives and reigns with you and the Holy Spirit, one God now and forever.*

*Amen.*

*Help us to work together to  
look after our world, and  
share what we have so that  
everyone has what they need.*

*Help us to work to build a better  
world where each of us can become  
the best person we can be.*

*Amen*



### *School Birthday Prayer*

*A happy birthday to you  
A happy birthday to you.  
May each day of the year,  
May it bring Jesus near.  
A happy birthday to you  
A happy birthday to you,  
And the best one we ever had.*

# Mission Together Prayer



We pray;  
May all children  
In the World  
Share Love  
Share friendship and live  
In the peace  
Of God's love  
Now and forever.  
Amen.



## *Prayer of Dedication*

*Lord Jesus,*

*I give you my hands to do your work*

*I give you my feet to go your way.*

*I give you my eyes to see as you do.*

*I give you my tongue to speak your words.*

*I give you my mind that you may think in me.*

*I give you my spirit that you may pray in me.*

*Above all*

*I give you my heart that you may love in me,*

*Your Father and all mankind.*

*I give you my whole self that you may grow  
in me,*

*So that it is you, Lord Jesus, who live and work  
and pray in me.*

*Amen.*



# *God be in my Head*

*God be in my head, and in my  
understanding: God be in mine eyes,  
and in my looking: God be in my mouth,  
and in my speaking: God be in my heart,  
and in my thinking: God be at mine end,  
and at my departing .*

*Amen*



*I said a prayer for you today  
And know God must have heard.  
I felt the answer in my heart  
Although He spoke no word!*

*I didn't ask for wealth or fame  
(I knew you wouldn't mind).  
I asked Him to send treasures  
Of a far more lasting kind!*

*I asked that He be near you  
At the start of each new day:  
To grant you health and blessings  
And friends to share your way!*

*I asked for happiness for you  
In all things great and small.  
But it was for His loving care  
I prayed the most of all!*



## *Morning Prayer*

*Father in heaven, you love me; you are with  
me night and day.*

*I want to love you always in all I do and  
say.*

*I'll try to please you, Father, bless me  
through the day.*

*Amen.*

## *Prayer at the End of the Day*

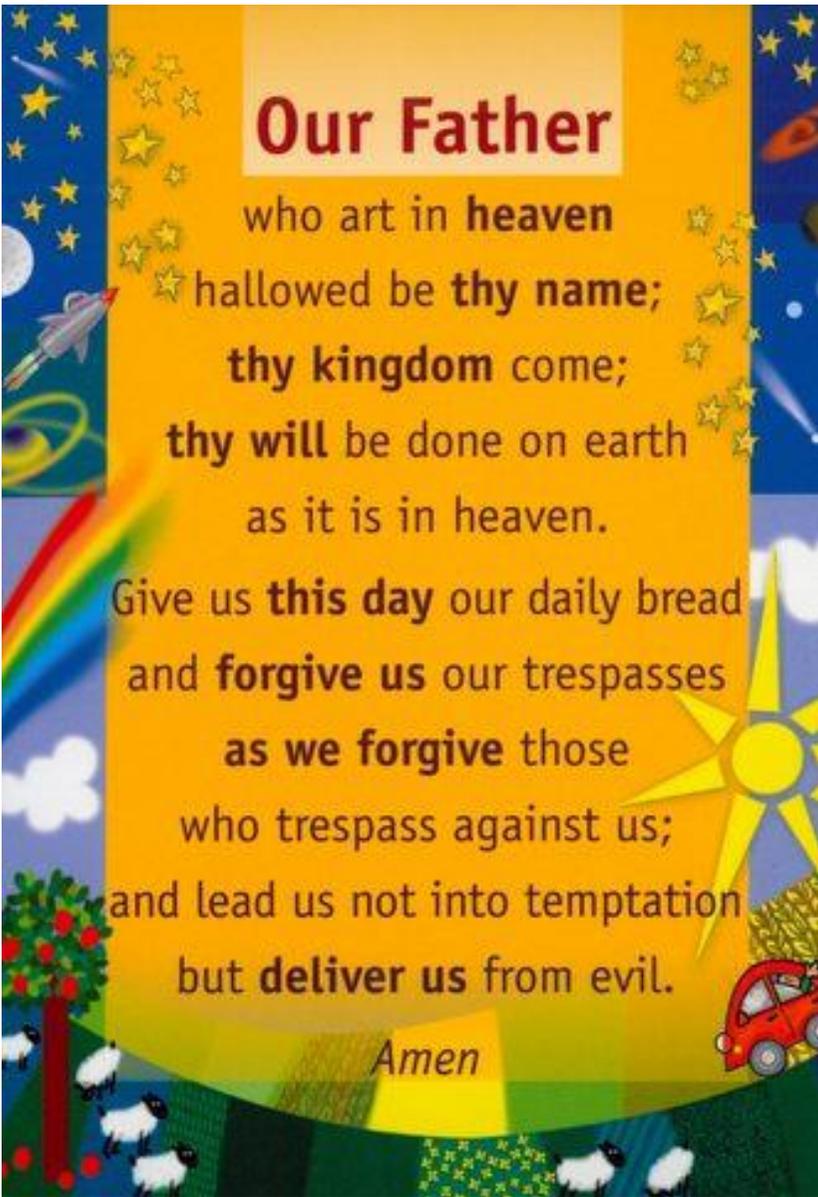
*God our Father, I come to say thank you  
for your love today.*

*Thank you for my family  
and all the friends you give to me.*

*Guard me in the dark of night and in the  
morning send your light.*

*Amen*





# Our Father

who art in **heaven**  
hallowed be **thy name**;  
**thy kingdom** come;  
**thy will** be done on earth  
as it is in heaven.

Give us **this day** our daily bread  
and **forgive us** our trespasses  
**as we forgive** those  
who trespass against us;  
and lead us not into temptation  
but **deliver us** from evil.

*Amen*



**Hail Mary**  
full of grace  
the **Lord is with thee.**  
Blessed art thou among women  
and **blessed** is the fruit  
of thy womb **Jesus.**  
Holy Mary, Mother of God  
**pray for us** sinners,  
**now** and at the hour  
of our death.  
*Amen*

# The Stations of the Cross

1. Jesus is condemned to death



2. Jesus takes up His cross



3. Jesus falls the first time



4. Jesus meets His mother



5. Simon helps Jesus carry the cross



6. Veronica wipes the face of Jesus



7. Jesus falls the second time



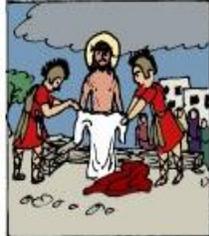
8. Jesus speaks to the women of Jerusalem



9. Jesus falls the third time



10. Jesus is stripped of His clothing



11. Jesus is nailed to the cross



12. Jesus dies on the cross



13. Jesus is taken down from the cross



14. Jesus is buried in the tomb





# The Rosary

## The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of the Lord
4. The Presentation
5. The Finding of the Child in the Temple

## The Mysteries of Light

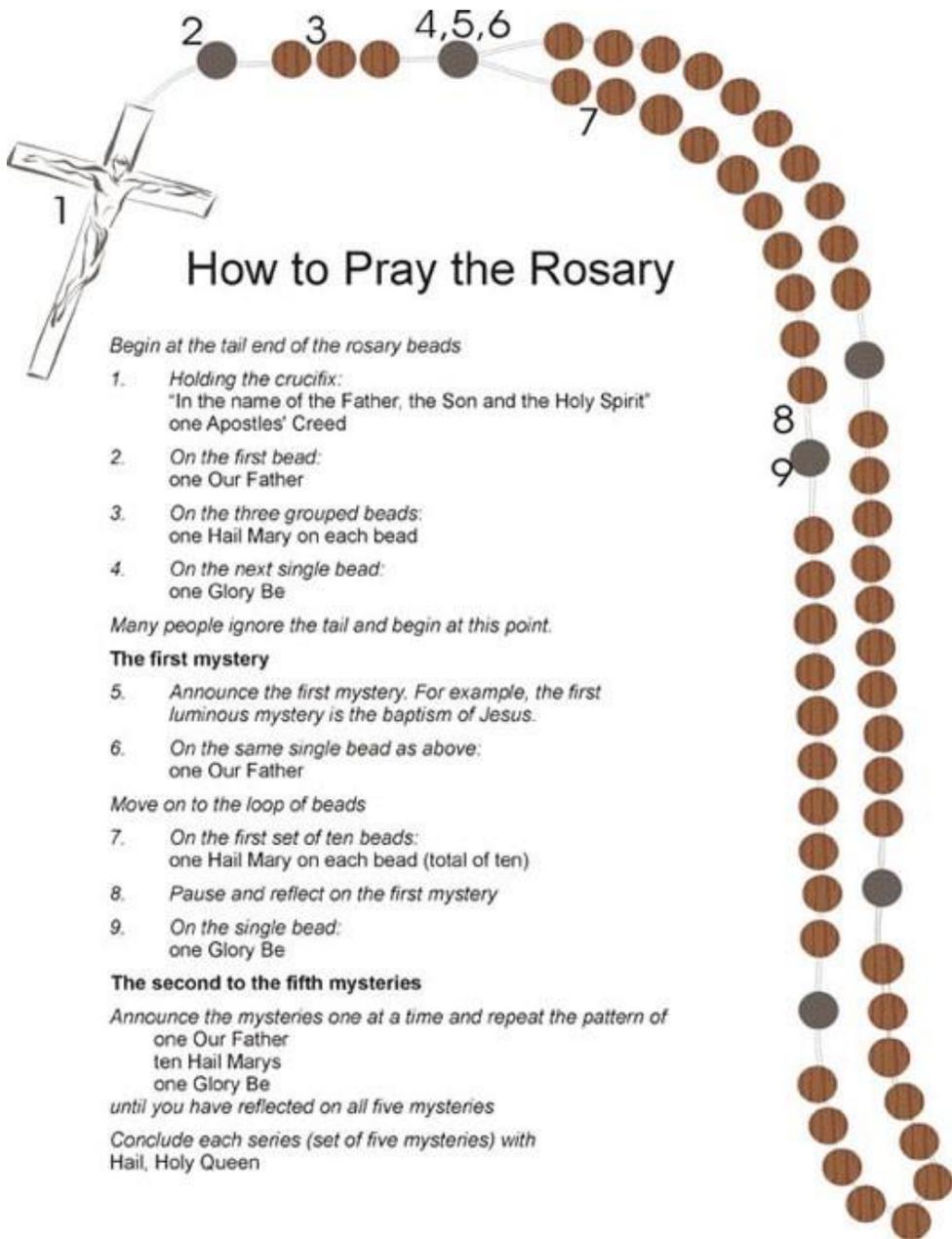
1. The Baptism in the Jordan
2. The Manifestation of Jesus at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

## The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

## The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Mary
5. The Crowning of Our Lady as Queen of Heaven



## How to Pray the Rosary

*Begin at the tail end of the rosary beads*

1. *Holding the crucifix:*  
"In the name of the Father, the Son and the Holy Spirit"  
one Apostles' Creed
2. *On the first bead:*  
one Our Father
3. *On the three grouped beads:*  
one Hail Mary on each bead
4. *On the next single bead:*  
one Glory Be

*Many people ignore the tail and begin at this point.*

### **The first mystery**

5. *Announce the first mystery. For example, the first luminous mystery is the baptism of Jesus.*
6. *On the same single bead as above:*  
one Our Father

*Move on to the loop of beads*

7. *On the first set of ten beads:*  
one Hail Mary on each bead (total of ten)
8. *Pause and reflect on the first mystery*
9. *On the single bead:*  
one Glory Be

### **The second to the fifth mysteries**

*Announce the mysteries one at a time and repeat the pattern of*  
one Our Father  
ten Hail Marys  
one Glory Be

*until you have reflected on all five mysteries*

*Conclude each series (set of five mysteries) with*  
Hail, Holy Queen

# Reception Class Prayers

† The Sign of the Cross

† The Hail Mary

† Prayer before Meals

† Prayer after Meals



## *The Sign of the Cross*

In the name of the Father, and of the Son and of the Holy Spirit.

Amen

## *The Hail Mary*

*Hail Mary, full of Grace, the Lord is with thee:  
blessed art thou among women and blessed is  
the fruit of thy womb, Jesus.*

*Hail Mary, Mother of God, pray for us sinners  
now and at the hour of our death. Amen*

## *Grace before Meals*

*Thank you for the world so sweet.  
Thank you for the food we eat.  
Thank you for the birds that sing.  
Thank you God for everything.*

*or*

*God is great, God is good.  
Thank you, God, for all our food.*

## *Grace after Meals*

*Thank you, God, for the food we have eaten.  
Thank you, God, for all our friends.  
Thank you, God, for everything, Thank you  
God.*

## Year 1 Class Prayers

† Glory Be to the Father

† The Our Father

† Prayer to the Guardian Angel



### *Glory Be to the Father*

*Glory be to the Father, and to the Son,  
And to the Holy Spirit.*

*As it was in the beginning, is now and ever  
shall be, world without end.*

*Amen*

## *The Our Father*

*Our Father, who art in heaven, hallowed be thy name.*

*Thy kingdom come, thy will be done on earth as it is in heaven.*

*Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.*

*Amen*

## *Prayer to the Guardian Angel*

*My guardian dear  
To whom his love  
Commits me here,  
Ever this day  
Be at my side  
To light and guard  
To rule and guide.*

*Amen*



## Year 2 Class Prayers

† The Angelus

† Eternal Rest

† Act of Sorrow

† The Confiteor



## *The Angelus*

*The Angel of the Lord declared to Mary:*

*R: and she conceived of the Holy Spirit.*

*Hail Mary...*

*R: Holy Mary...*

*Behold the handmaid of the Lord:*

*R: be it done to me according to your word.*

*Hail Mary...*

*R: Holy Mary...*

*And the Word was made flesh:*

*R: and dwelt among us.*

*Hail Mary...*

*R: Holy Mary...*

*Pray for us, O holy Mother of God.*

*R: That we may be made worthy of the promises of  
Christ.*

*Let us pray: Pour forth, we beseech you, O Lord, your  
grace into our hearts, that we to whom the  
incarnation of Christ, your Son, was made known by  
the message of an angel, may be brought by his  
passion and cross to the glory of his resurrection,  
through Christ our Lord. Amen.*



## *Eternal Rest*

*Eternal rest give unto them, O Lord. And let  
perpetual light shine upon them. May they  
rest in peace.*

*Amen*

*Act of Sorrow (Contrition)*

*O my God, because you are so good, I am very sorry that I have sinned against you and by the help of your grace I will not sin again.*

*Amen*



### *The Confiteor*

*I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.*

*Amen*

### **Year 3 Class Prayers**

† Act of Sorrow

† Prayer before and after Communion

### *Act of Sorrow (Contrition)*

*O my God, because you are so good,  
I am very sorry that I have sinned  
against you and by the help of your  
grace I will not sin again.*

*Amen*

*Sorry Prayers*

*God our Father, thank you for forgiving me.  
Help me to love others as Jesus asked me to.  
God our Father, thank you for forgiving me.  
Help me to love Jesus.*

*Amen.*



*God our Father, help me to remember the times when I didn't live as Jesus asked me to. Help me to be sorry and to try again. God our Father, help me to remember the times when I didn't love Jesus.*

*Amen*

*Prayer before Communion*

*Lord Jesus, come to me. Lord Jesus, give me your love. Lord Jesus, come to me and give me yourself. Lord Jesus, you are my Lord and my God. Praise to you, Lord Jesus Christ.*

*Amen*



*Prayer after Communion*

*Lord Jesus, I love and adore you. You're a special friend to me.*

*Welcome, Lord Jesus, O welcome. Thank you for coming to me. Thank you Lord Jesus, O thank you for giving yourself to me.*

*Make me strong to show your love wherever I may be. I'm ready now, Lord Jesus, to show how much I care. I'm, ready now to give your love at home and everywhere.*

*Be near me, Lord Jesus, I ask you to stay close by me forever and love me I pray.*

*Bless all the dear children in your loving care and bring us to heaven to live with you there.*

*Amen*



## **Year 4 Class Prayers**

† Rosary: Joyful and Sorrowful Mysteries

† The Memorare

† The Gloria



**The Rosary**

## The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of the Lord
4. The Presentation
5. The Finding of the Child in the Temple

## The Mysteries of Light

1. The Baptism in the Jordan
2. The Manifestation of Jesus at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

## The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

## The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Mary
5. The Crowning of Our Lady as Queen of Heaven

# The Memorare



Remember, O most gracious Virgin Mary,  
that never was it known that anyone who fled to your protection,  
implored your help or sought your intercession, was left unaided.  
Inspired by this confidence, I fly unto you, O Virgin of virgins, my Mother.

To you I come, before you I stand, sinful and sorrowful.  
O Mother of the Word incarnate, despise not my petitions,  
but, in your mercy, hear and answer me.

*Amen.*



*The Gloria*

*Glory to God in the highest.*

*And on earth peace to men of good will.*

*We praise You, we bless You, we adore you, we glorify  
You.*

*We give You thanks for Your great glory.*

*Lord God, heavenly King, God the Father almighty.*

*Lord Jesus Christ, the Only-begotten Son.*

*Lord God, Lamb of God, Son of the Father: you take  
away the sins of the world, have mercy on us.*

*You take away the sins of the world, receive our  
prayer.*

*You sit at the right hand of the Father, have mercy  
on us.*

*For you alone are holy. You alone are the Lord.*

*You alone, Jesus Christ, are most high.*

*Together with the Holy Spirit in the glory of God the  
Father.*

*Amen.*

**Year 5 Class Prayers**

† The Nicene Creed

† The Apostles Creed

† The Glorious Mysteries and the Mysteries  
of Light

† The Magnificat

† Nune Dimittis

† Benedictus



*The*



# *Nicene Creed*

*We believe in one God,  
the Father, the Almighty,  
Maker of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial  
of one Being with the Father.*

*Through him all things were made.*

*For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.*

*For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.*

*On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.*

*He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.*

*With the Father and the Son he is worshipped and glorified.*

*He has spoken through the Prophets.*

*We believe in one holy catholic and apostolic Church.*

*We acknowledge one baptism for the forgiveness of sins.*

*We look for the resurrection of the dead,  
and the life of the world to come. Amen*

# *The Apostles Creed*

*I believe in God,  
the Father almighty,  
creator of heaven and earth.*

*I believe in Jesus Christ,  
His only Son, our Lord.  
He was conceived by the  
power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell.  
On the third day he rose again.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again to judge  
the living and the dead.*

*I believe in the Holy Spirit,  
the holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.*

*Amen*



# The Rosary

## The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of the Lord
4. The Presentation
5. The Finding of the Child in the Temple

## The Mysteries of Light

1. The Baptism in the Jordan
2. The Manifestation of Jesus at Cana
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## The Sorrowful Mysteries

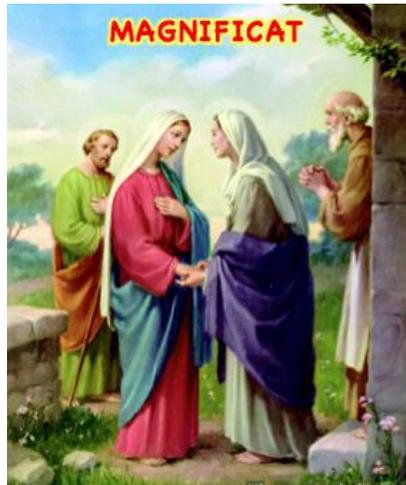
1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion



## The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Mary
5. The Crowning of Our Lady as Queen of Heaven

# The Magnificat



**My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior  
for he has looked with favor on his lowly servant.**

**From this day all generations will call me blessed:  
the Almighty has done great things for me,  
and holy is his Name.**

**He has mercy on those who fear him  
in every generation.**

**He has shown the strength of his arm,  
he has scattered the proud in their conceit.**

**He has cast down the mighty from their thrones,  
and has lifted up the lowly.**

**He has filled the hungry with good things,  
and the rich he has sent away empty.**

**He has come to the help of his servant Israel  
for he has remembered his promise of mercy,  
the promise he made to our fathers,  
to Abraham and his children for ever.**

**Luke 1:46-55**

## *Nunc Dimittis*

*At last, all powerful Master,*

*You give leave to your servant to go in  
peace,*

*according to your promise.*

*For my eyes have seen your salvation which  
you have prepared for all nations, the light  
to enlighten the Gentiles*

*and give glory to Israel, your people. Give  
praise to the Father almighty, to his Son,  
Jesus Christ, the Lord,*

*to the Spirit, who dwells in our hearts,*

*both now and forever.*

*Amen*

## *The Benedictus*

*Blessed be the Lord, the God of Israel;  
he has come to his people and set them free.  
He has raised up for us a mighty savior,  
born of the house of his servant David.  
Through his holy prophets he promised of old  
that he would save us from our enemies,  
from the hands of all who hate us.  
He promised to show mercy to our fathers  
and to remember his holy covenant.  
This was the oath he swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship him without fear,  
holy and righteous in his sight all the days of our life.  
You, my child, shall be called the prophet of the Most High;  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation  
by the forgiveness of their sins.  
In the tender compassion of our God  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness and the shadow  
of death,  
and to guide our feet into the way of peace.  
Glory to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and will be forever.*

*Amen*



## Year 6 Class Prayers

✝ Hail Holy Queen

✝ Prayer to the Holy Spirit

✝ Renewal of Baptism Promises

✝ Prayer of Blessed John Henry Newman





### *Hail Holy Queen*

*Hail, holy Queen, mother of mercy.  
Hail our life, our sweetness and our hope!  
To you do we cry, poor banished children of Eve; to  
you do we send up our sighs, mourning and weeping  
in this vale of tears. Turn then, most gracious  
advocate, your eyes of mercy towards us; and after  
this our exile, show to us the blessed fruit of your  
womb, Jesus.*

*○ clement, ○ loving, ○ sweet Virgin Mary.  
Pray for us, ○ holy Mother of God,  
that we may be made worthy of the promises of Christ.*

*Amen*

# *Prayer to the Holy Spirit*

*Come, Holy Spirit, Fill the hearts of your faithful,  
and enkindle in them the fire of your love.*

*Send forth your spirit and they shall be created,  
and you shall renew the face of the earth.*

*O God, who has taught the hearts of the faithful  
by the light of the Holy Spirit, grant that by the  
gift of the same Spirit we may be truly wise  
and ever rejoice in his consolation,  
through Christ Our Lord.*

*Amen.*



*Holy Spirit, I want to do what is right, Help me.*

*Holy Spirit, I want to live like Jesus, guide me.*

*Holy Spirit, I want to pray like Jesus, teach me.*

## *Prayer of the Blessed John Henry Newman*

*God has created me to do him some definite service; he has committed some work to me which he has not committed to another. I have my mission - I may never know it in this life, but I shall be told it in the next.*

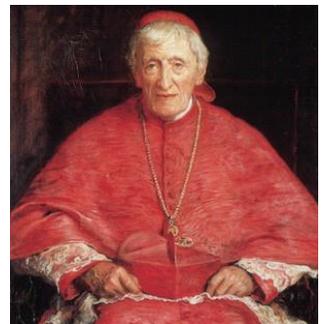
*I am a link in a chain, a bond of connection between persons. He has not created me for nothing. I shall do good. I shall do his work.*

*I shall be an angel of peace, a preacher of truth in my own place while not intending it - if I do but keep His Commandments.*

*Therefore I will trust him. Whatever, wherever I am, I can never be thrown away.*

*If I am in sickness, my sickness may serve him; in perplexity, my perplexity may serve him; if I am in sorrow, my sorrow may serve him.*

*He does nothing in vain.  
He knows what he is about.  
He may take away my friends.  
He may throw me among strangers.  
He may make me feel desolate,  
make my spirits sink, hide my  
future from me - still he knows  
what he is about.*



## *Renewal of Baptismal Promises*

**Bishop:** Do you reject Satan and all his works and all his empty promises?

**Candidates: I do.**

**Bishop:** Do you believe in God the Father al-mighty, creator of heaven and earth?

**Candidates: I do.**

**Bishop:** Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

**Candidates: I do.**

**Bishop:** Do you believe in the Holy Spirit, the Lord, the giver of life, who came upon the apostles at Pentecost and today is given to you sacramentally in confirmation?

**Candidates:** I do.

**Bishop:** Do you believe in the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life ever-lasting?

**Candidates:** I do.

**Bishop:** This is our faith. This is the faith of the Church. We are proud to profess it in Christ Jesus our Lord.

**All present:** Amen

