

MENU

St John RC School Week 3-14th Nov, 5th Dec, 9th Jan, 30th January 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT	<p>Sausage Parcel</p> <p>Cheese or Ham Omelette</p> <p>Jacket Potato Beans or Cheese</p>	<p>Chicken Burger</p> <p>Sweet Chilli Chicken Wrap</p> <p>Jacket Potato Cheese or Ham</p>	<p>Cheese or Meat Pizza</p> <p>Cheese and bacon Parcel</p> <p>Jacket Potato Tuna or Ham</p>	<p>Roast Beef and Yorkshire Pudding</p> <p>Chicken Stew</p> <p>Red Onion Quiche</p>	<p>Selection of Fish</p> <p>Cheesy Pasta</p> <p>Vegetable Fingers</p>
ON THE SIDE	<p>Diced Potatoes Beans or Broccoli</p>	<p>Egg Noodles or Rice</p> <p>Carrots or Green beans</p>	<p>50/50 Pasta</p> <p>Cous Cous</p>	<p>Mashed Potato</p> <p>Carrots or Cabbage</p>	<p>Chips</p> <p>Sweetcorn or Peas</p>
TO FINISH	<p>Doughnuts</p>	<p>Syrup Sponge</p>	<p>Oatie Biscuit</p>	<p>Apple Crumble and Custard</p>	<p>Jelly or Fruit Mousse</p>
AVAILABLE DAILY	<p>Self-help Salad Bar, Freshly Made Bread, Fresh Fruit</p> <p>NB: Should you require any information regarding any of the Allergens in our menus, please ask a member of our Catering Team</p>				

