


# MENU

St John's RC Primary School – Menu 1 w/c 13.05, 10.06 & 01.07

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE MAIN EVENT	<p>Spaghetti Bolognese</p> <p>Vegetarian Spaghetti Bolognese.</p> <p>Jacket Potatoes</p>	<p>Chicken Kebab Pittas</p> <p>Caramelised Red Onion Quiche</p> <p>A choice of Cheese or Ham Sandwich/Wrap</p>	<p>Roast of the day (Chicken)</p> <p>Quorn roast</p> <p>Jacket potatoes</p>	<p>Pepperoni Pizza </p> <p>Margherita Pizza</p> <p><u>Cold Sandwiches</u></p> <p>Choice of Tuna, Chicken Tikka or Cheese</p>	<p>Fish Fingers, Fish or Fish Cakes</p> <p>Cheese and Bean Puff</p> <p>Jacket Potatoes</p>
ON THE SIDE	<p>Green Beans &amp; Mixed Vegetables</p>	<p>Seasoned Wedges, Peas &amp; Sweetcorn</p>	<p>Yorkshire pudding, Mash or Roast Potatoes, Carrots &amp; Broccoli</p>	<p>Tasty Bites, Mixed Vegetables &amp; Savoy Cabbage</p>	<p>Chips, Baked Beans or Peas (Tomato Ketchup, BBQ or Mayo)</p>
TO FINISH	<p>Apple and Pear Chocolate Crumble</p>	<p>Iced Vanilla Sponge Cake</p>	<p>Strawberry Jelly with Fruit</p>	<p>Citrus Shortbread</p>	<p>Fruit Ice Cream or Ice lollies</p>
AVAILABLE DAILY	<p><i>Available Daily: Self-Serve Salad Bar, Bread, Fresh Fruit, Yogurt</i></p> <p><i>Please note all Pasta, Rice, Pizza and Bread will be 50/50 where possible.</i></p> <p><i>Vegetarian / Gluten Free Options Available</i></p>				