

## Mental Health and Wellbeing

Whole School Overview 2024-2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Meet your Brain	Celebrate	Appreciate	Relate	Engage	Consolidation
Year 1	Meet your Brain	Celebrate	Appreciate	Relate	Engage	Consolidation
Year 2	Meet your Brain	Celebrate	Appreciate	Relate	Engage	Consolidation
Year 3	Meet your Brain	Celebrate	Appreciate	Relate	Engage	Consolidation
Year 4	Meet your Brain	Celebrate	Appreciate	Relate	Engage	Consolidation
Year 5	Meet your Brain	Celebrate	Appreciate	Relate	Engage	Consolidation
Year 6	Meet your Brain	Celebrate	Appreciate	Relate	Engage	Consolidation

St John's Catholic Primary School
"I am the vine; you are the branches."