



Mental Health and Wellbeing
Whole School Overview
2024-2025

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|-----------------|-----------|------------|----------|----------|---------------|
| EYFS | Meet your Brain | Celebrate | Appreciate | Relate | Engage | Consolidation |
| Year 1 | Meet your Brain | Celebrate | Appreciate | Relate | Engage | Consolidation |
| Year 2 | Meet your Brain | Celebrate | Appreciate | Relate | Engage | Consolidation |
| Year 3 | Meet your Brain | Celebrate | Appreciate | Relate | Engage | Consolidation |
| Year 4 | Meet your Brain | Celebrate | Appreciate | Relate | Engage | Consolidation |
| Year 5 | Meet your Brain | Celebrate | Appreciate | Relate | Engage | Consolidation |
| Year 6 | Meet your Brain | Celebrate | Appreciate | Relate | Engage | Consolidation |